



YOUTH FOOTBALL CLUB

Information booklet

2024

About us

Welcome to Preston Athletic Youth Football Club, we hope your child has enjoyed their training sessions with us and we hope this information booklet can give you more information about our club.

Preston Athletic YFC was founded in 1945 and aims to promote, foster and encourage the sport of football for children up to the age of 18, and to support the aims of the governing body, The Scottish Football Association. PAYFC have been *awarded the Quality Mark making it an accredited club*. The Award, part of the Quality Mark accreditation scheme run by the Scottish FA in partnership with McDonald's and The Big Lottery Fund, recognises pro-active clubs and schools working to increase youth and community participation. Clubs and schools receive the award after meeting standards in areas such as coach and player development, management, administration, welfare and planning.

The main aims of PAYFC are:

- To support and improve children technically, physically, tactfully and socially.
- To support and promote children's skills, fun, enthusiasm and enjoyment.
- To encourage children to make friends and learn the game of football.

Our expectation from you and your child:

- A high standard of attendance
- A high standard of manners and behaviour.
 - To be punctual for training and games.
- To inform us if you cannot manage to be at training or games.
- To participate in fundraising and sponsorship if requested.
 - To pay monthly fees on time

What you can expect from Preston Athletic YFC:

- Qualified SFA coaches available during training and games
- Adherence to Equal Opportunity Policies, Harassment and Bullying Policies and Child Protection Policies.
- A guarantee that all coaches are PVG (Protection of Vulnerable Groups) checked.
 - An allocation of a named Child Wellbeing and Protection official.

Our committee

We have a committed team of committee members.

Our committee for 2024 are:

Dean Brett Chairperson	John Martin Vice Chairperson
Nicole Millar Secretary / Vice Treasurer	Lynda Martin Treasurer / Vice Secretary
Nicky Fagan Fundraising Lead	Stacey Stenhouse Child Wellbeing and Protection Officer
Tuck Shop Managers Laura Rillie and Kirstin Whelan	General Committee Members: Kirsty Smith, Kevin McKillop, Stuart Anderson, Andy McSwan, Ashley Davie, Scott Allan, Milko Petkovi and Dave Glynn.

We hold Committee meetings on the 1st Monday of each month from 7pm. All new committee members are welcome. We encourage and hope to have representation from at least 1 or 2 families from each age group. You can contribute as much or as little as you feel necessary.

Communication

Each age group will have a WhatsApp group with all carers who wish to be added. This is monitored by our committee and is our primary method of communication. Each week we can share photos of training/ matches as well as coaches and committee members will share important information. There is also a main parent/ carer WhatsApp group chat with everyone from all age groups who wish to be added.

Please ensure that photos are only shared within this group (unless permission is sought) as not all families wish their child to be on social media.

Training / Matches

Our training will be held at 3G pitches Middleshot Square, Prestonpans, EH32 9RQ.

All families wishing to stay for the duration of their child's training session / matches MUST remain outside the fenced area this is for safety and is a SYFA rule.

Training sessions for each age group differ due to space restrictions and may change throughout the year.

Little Kickers – Sundays 9-10am

2018 Age group – Mondays 6-7pm

2017 age group – Mondays 6-7pm / Thursdays 6-7pm

2016 age group – Mondays 6-7pm / Thursdays 6-7pm

2015 age group – Mondays 7-8pm / Fridays 6:30-7:30pm

Thursdays 6-7pm / Fridays 6:30-7:30pm

2012 age group – Zidane - Mondays 7-8pm / Wednesdays 6-7pm

Beckham – Monday 7-8pm / Thursdays 7-8pm

Weekly matches are organised within the season (March to June and September to December) and families are informed via the WhatsApp group chat.

Coaches

We have dedicated coaches within our club at all age groups (2012, 2015, 2016, 2017 and 2018). They have all different experience levels. Currently, all our Coaches are working through a development programme of 1.1 Childrens coaching awards and 1.2 / 1.3 Children's coaching awards, have completed SYFA declarations, PVG checked and completed their Scottish Child and Wellbeing course. To enable our club to continue to grow and provide opportunities for all in our community we ask for parent/ carer volunteers to help coach during training nights and matches.

Fees

Club fees are required to be paid on the 1st of each month and ensure references have a note of your child's name and age group.

Our Current Fee structure is:

- 1 child - £23 for 2 nights training per week
- 1 child - £16 for 1 night training per week
- 2 children - £37 for both children training 2 nights per week.
- 2 children - £34 for 1 child 2 nights and 1 child 1 night per week

From 1st March 2024 our fee structure will change:

Group	Monthly Fees
Little Kickers and Soccer School (2018s)	£22.00
Fun 4's and Fun Fives (17 & 16)	£25.00
7 and 9 a side (15 & 12)	£30.00
11 a side (12)	£35.00

Our bank details for all payments are below.

Account Name	Sort Code	Account Number
Preston Athletic Youth Football Club	80-22-60	22475565

At Preston Athletic Youth Football Club, we are committed to reducing inequalities and minimising barriers within our club. If you are experiencing hardship paying your monthly fees, please speak to a member of our committee.

For possible support we encourage our families to contact Active Schools East Lothian for financial support www.activeeastlothian.co.uk

Fundraising

PAYFC have launched its very own club lottery. All profits will be used to supply and kit out our teams as well as equipment for training. You are given the opportunity to choose 3 numbers between 1-20 for £1. You can play as many lines each week as you wish. All money is split 50/50 with the winner. If no winners, the jackpot is a rollover to the following week. Payments can be made via bank transfer weekly, in the clubhouse in cash or by card. Lottery numbers are drawn using a random generator and posted weekly in our Parental group chat via WhatsApp.

We hold several additional fundraising events each year including race nights, football cards, festivals and sponsor walks. All these events raise funds for the club to continue to improve our club, children's end of year events and equipment.

Tuck Shop

Within the Pavilion at Middleshot we have a tuck shop which operates with committee members / parents/ carers during training evenings and matches. There is a selection of snacks, sweets, hot/cold drinks as well as hot filled rolls at the weekends.

Registration and Insurance

Our club's annual registration and insurance runs from 1st December – 30th November. Each year our club is registered with the SYFA to enable our players and teams to play in the East of Scotland Soccer Development Association (ESSDA) league. Every child is registered in January to enable them to play in our new season. There is an additional cost of £20 per player registration and player insurance which is payable each January or August. This will be communicated via the Whatsapp group chat and can be payable in cash within our clubhouse or bank transfer.

Kits

To cover part of the cost of club training kits, match kits and socks and hoodies we require a £35 non-refundable fee. This should be payable to our bank details above (please reference your child's name and Kit i.e. XXXX Kit)

We ask that families respect these as we aim to reuse these. If your child outgrows their kit, please return these and we will exchange these for a bigger size.

Boot Bank

Our club has a boot bank/ box where families from the different age groups within the club have handed in used good/ great condition football boots their child has outgrown. If your child is starting out playing football or has outgrown their current boots, please feel free to let us know and you can choose a new pair. We understand children's feet grow rapidly and new boots every few months are a substantial expense. Many families use this.

Player Protection / Behaviour

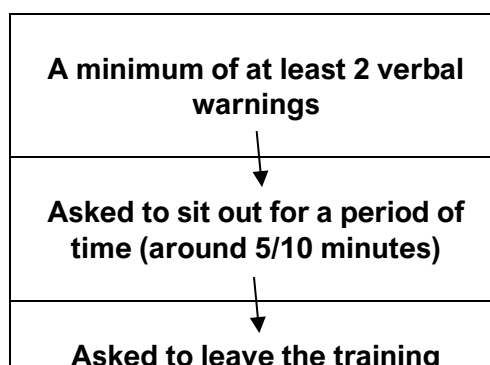
At PAYFC we are committed to ensuring the safest possible environment for every child and young person playing football this includes **the right to a safe environment, the right to protection against harm or the risk of harm, the right to protection against physical abuse, the right to protection against verbal abuse and the right to protection against emotional abuse**. We place the child at the heart of every decision we make, and constantly strive to ensure every player has a positive footballing experience.

As part of our club's constitution, we have outlined our behaviour expectations.

These are:

- All Players, Coaches and Officials are expected to behave in a manner which will not bring PAYFC into disrepute. If any such behaviour is reported, the person(s) involved may be requested to attend a meeting called by the Executive Committee, and if deemed necessary may be disciplined by the Executive Committee.
- Coaches, Committee Members and all volunteer helpers must retain the confidentiality of all families represented by the club. Players, their families or other committee members must not be discussed with anyone else.

Within all age groups of children where a child's behaviour falls into the category where coaches/ volunteers cannot protect others to **a safe environment, protection against harm or the risk of harm, protection against physical abuse, protection against verbal abuse and protection against emotional abuse we have a behaviour guide that all our coaches follow.**



session and sit inside the clubhouse. At this point a telephone call will be made to a parent/carer on the child's registration form (if you are not on site) and asked for the child to be picked up. A committee member / coach will speak to you regarding the behaviour.

***After being sent home 5 times the Executive Committee will make the decision if the child is able to carry on within the club or asked to leave.**

If your child has an accident during training/ games our coaches and committee will be on hand to administer minor first aid. An accident form will be completed, and we ask that you sign this.

If you have anything you wish to discuss regarding your child's training / matches please speak directly with your child's head coach or coach co-ordinator.

Coach Co-ordinator – Dean Brett

2012s- Kevin McKillop

2015s – Dean Brett

2016s – Chris McIntosh

2017s – Stuart Anderson

2018 – TBC

A copy of PAYFC/ SYFA's Child Wellbeing and Protection Policy is available upon request and we will also share this with you and request you sign within the clubhouse to confirm you and your family will adhere to this.

Leaving PAYFC

All children are registered with the SYFA once they join PAYFC. Due to family/ personal circumstances or your child may find a new sport/ hobby or join a new club they enjoy, we ask that all kit, hoodies are returned to the club. The club will then release your child from the registered SYFA system.